



## Athletics Newsletter

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### Team of the Week - Girls Varsity Volleyball

The Girls Varsity Volleyball Team has battled through some ups and downs this season, but when it counted the most, the Lady Eagles managed to battle through a tough 5 set match against St. Andrews in the 2016 District Semi-Final match to earn the win and a spot in the Regional Tournament. The girls came together as a team just at the right time not allowing their season to be cut short. The Lady Eagles finished off the district tournament as Runner-Up after falling to St. John Paul in a close 5 set match in the District Final. But despite the loss the Lady Eagles still get a chance to continue their season as they

travel to Calvary Christian tonight for the Regional Quarterfinal Game at 7:00pm. Good Luck Ladies!!

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## NB Athletes of the Week

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### **Katie Bishop (11th Gr - Varsity Cross Country)**

This week's female high school Athlete of the Week goes to "Krafty" Katie Bishop. Katie once again mastered her "Kraft," this time during the 2016 FHSA District Cross Country Meet. "Krafty" Katie Bishop ran the best race of her season finishing District Runner-Up and helped her team to a 3rd Place finish. "Krafty" looks to be creative once again this Saturday when she competes along with her team in the 2016 Regional Meet at Mills Pond Park. Good Luck Katie!



### **Christian "The Professor" Paillet (10th Grade - V Football)**

This week's male high school Athlete of the Week goes to Christian "The Professor" Paillet. "The Professor" took the field this past Friday night and taught the Jaguars of Coral Glades High School a tough lesson. "The Professor" took control of the game and led the Eagles to a 27 – 7 victory. "The Professor's" lesson for the day included 246 passing yards and a total of 4 TD's! Not a bad day for "The Professor!"

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## 2016 - 2017 Winter Sports Tryout/Start Dates

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### **BOYS VAR/JV/9TH BASKETBALL**

Mon, Oct. 31st & Tue, Nov. 1st

4:00pm - 6:00pm

NB Coconut Creek Gym

Contact: [Casey Wohlleb](#)

### **BOYS MIDDLE**

#### **SCHOOL BASKETBALL**

Wed, Dec. 7th: 3:00pm - 4:30pm

Thur, Dec. 8th: 3:45pm - 5:15pm

NB Coconut Creek Gym

Contact: [Casey Wohlleb](#)

### **GIRLS MIDDLE SCHOOL SOCCER**

Mon, Dec. 12th: 4:00pm - 5:30pm

Wed, Dec. 14th: 3:00pm - 4:30pm

NB Back Field

Contact: [Dido Balla](#)

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# Boys High School Basketball Meeting

Any 9th - 12th grade boys interested in being a part of the 2016 - 2017 Basketball Program must attend an informational meeting scheduled for **Wednesday, October 26th at 2:45pm in the Cafe**. Please contact [Coach Wohlleb](#) if you have any questions.

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## Athletic Highlights (October 19th - 24th)

### NB CROSS COUNTRY

Congratulations to the Girls Varsity Cross Country Team who finished in 3rd Place at the 2016 District Meet this past Friday. The Lady Eagles will now compete in the Regional Meet this Saturday morning at Mills Pond Park at 8:15am in hopes of clinching a spot in the 2016 State Cross Country Meet.

### NB FOOTBALL

The NB Varsity Football Team pushed their record to 6-1 after a 27- 7 win over Gold Coast Conference opponent Coral Glades HS this past Thursday. The Eagles now turn their focus to Calvary Christian who they host this Friday night here at NB at 7:00pm. The Eagles will battle not only for the victory but also to clinch home field advantage for the 2016 Gold Coast Semi-Finals.

### NB SOCCER

The Girls Varsity Soccer Team kicks their season off tonight as they take part in the

Olympic Heights Pre-Season Classic. The Lady Eagles will play two shortened games against Spanish River and Wellington to help prepare themselves for the start of their regular season.

#### **NB SWIM**

Good Luck to both our Girls and Boys Varsity Swim Teams as they take part in the 2016 District Meet this Thursday, October 27th. The Eagles and Lady Eagles will travel to Nova Southeastern University for a 10:30am meet in hopes of earning a spot in the Regional Meet.