

# ATHLETIC NEWSLETTER

All you need to know about North Broward Prep Athletics!





## TEAM OF THE WEEK - ICE HOCKEY

The NB Ice Hockey Team kicked their season off on October 15<sup>th</sup> and since then the Eagles have been dominating. The team is currently 4-0 and doesn't seem to be stopping now. The Eagles have outscored their opponents 41-3 in their first 4 games of the season showing their dominance offensively and defensively. The Eagles have defeated St. Thomas (12-1), the Westside Mutts (7-1), Archbishop McCarthy (13-0) and last night Boca Raton HS (9-1.) The team takes the ice again on Sunday when they take on rival Douglas HS at 4:45pm at the Panther Ice Den followed by another game at Panther Ice Den on Monday night vs. Spanish River/West Boca at 7:30pm. Good luck boys...let's keep the streak going!

## ATHLETE OF THE WEEK

## "Nautical" Nikita Shakhraichuk

Swim – 11<sup>th</sup> Grade

This week's male high school Athlete of the Week goes to "Nautical" Nikita Shakhraichuk. "Nautical" Nikita felt at home in the water this Friday at the 2018 FHSAA District Swim Meet. He competed in both the 50 free, 100 fly, 200 medley relay and the 200 free relay earning a spot in Regionals in all 4 races. "Nautical" Nikita looks to continue his success this Friday in the Regional meet. Good Luck Nikita!



## "Fearless" Francesca Smith

Swim – 11<sup>th</sup> Grade

This week's female high school Athlete of the Week goes to "Fearless" Francesca Smith. Francesca was "Fearless" on Friday when competing at this year's FHSAA District Swim Meet in the 200 free and 100 free. Looks like being "Fearless" paid off for Francesca, earning a spot in both races at this year's Regional meet which will take place on Friday at Nova Southeastern Pool...good luck Francesca!



## WINTER SPORTS TRYOUT/START DATES

### GIRLS MIDDLE SCHOOL SOCCER

Wed, Dec. 19: 3:00pm – 4:30pm Thu, Dec. 20: 4:00pm – 5:30pm

NB Back Field

Contact: julia.karl@nbps.org/katherine.leiva@nbps.org

## BOYS MIDDLE SCHOOL BASKETBALL

Wed, Dec. 5: 3:00pm – 4:30pm Thu, Dec. 6: 4:00pm – 5:30pm Global Wellness Center Gym

Contact: casey.wohlleb@gmail.com

## **BE SURE TO FOLLOW @NBPSAthletics**

For all things Athletics follow us on Twitter & Instagram



<sup>\*</sup>The dates and times listed are subject to change. All changes will be noted in our Athletic Newsletters and our NBPS Athletic Website (www.nbpsathletics.org)







## ATHLETIC HIGHLIGHTS

#### **BASKETBALL - GIRLS**

The Girls Middle School Basketball Team kicks off their season tomorrow. The girls travel to Henderson school for a 4:00pm...good luck girls!

### **CROSS COUNTRY**

Congratulations to the Boys Cross Country Team for their 4<sup>th</sup> place finish at this year's District Meet earning themselves a spot in this year's Regional Meet which took place this past Saturday in Titusville, FL. The team did not qualify for the state meet but all team members had a PR in their final race of the year. Great work boys! Also, a special shout out to Caiti Kinnear who qualified for the Regional Meet as well.

#### **HOCKEY**

The Varsity Hockey Team hits the ice again on Sunday at 4:45pm at the Panther Ice Den...be there to cheer on the Eagles as they face rival Douglas HS.

### **SOCCER - GIRLS**

The Girls Varsity Soccer Team kicks-off their season tomorrow when they host Cypress Bay & Pompano HS for a Pre-Season Classic. Come out to the field at 3:30pm to cheer the girls on!

### **SOCCER - BOYS**

The Boys Varsity Soccer Team hosts American Heritage Plantation on Thursday here at NB at 6:00pm for their Pre-Season Game. Good luck boys...let's start the season off with a win!

The Boys Middle School Soccer Teams start their season today. The A-Team travels to Pine Crest Ft. Lauderdale for a 4:30pm game while the B-Team will host Pine Crest. Ft. Lauderdale here at 3:30pm. Good luck boys!

#### **SWIMMING**

The Varsity Swim Team took part in the 2018 District Meet this past Friday. Congratulations to the following swimmers for their performances and for earning themselves a spot in this Friday's FHSAA Regional Meet taking place at Nova Southeastern University Pool at 10:30am.

Francesca Smith- 200 free & 100 free Ethan DiEgidio- 200 IM & 100 breast Nikita Shakhraichuk- 50 free & 100 fly Regina Gallastegui-Martin- 100 fly & 100 Back Brooke Powell- 100 Back & 100 Breast

Both Boys Relays (200 Medley & 200 Free)

- Maxell Myerson, Luca Wiersema, Ethan DiEgidio, Nikita Shakhraichuk
- Alternates: Fabian Salvador, Nicholas Kazma