



ATHLETIC NEWSLETTER

All you need to know about North Broward Prep Athletics!



TEAM OF THE WEEK

The Boys Varsity Golf Team finished last week off with a win over Sagemont. The match was shortened to 5-holes due to the inclement weather, but the boys still managed to pull out the victory by 4 shots. The Eagles were led by sophomore Jacob Wolf who shot a 20 followed by four of his teammates scoring within 3 strokes. The team looks to continue their success as they hit the course again tomorrow, hosting Westminster Academy at Osprey Point at 3:30pm. Good Luck boys...keep up the hard work!

ATHLETE OF THE WEEK

"Burning" Ben Altschuler

Cross Country – 12th Grade

This week's male high school Athlete of the Week goes "Burning" Ben Altschuler. "Burning" Ben set the course on fire this past weekend for the Boys Varsity Cross Country Team. He ran a personal record in the first meet of the season on a muddy South County course. He posted a time of 19:37 beating his time from Districts last year by a second. Great Job Ben!





ATHLETIC HIGHLIGHTS

FOOTBALL

The Varsity Football Team lost a tough one to Benjamin this past Friday but the Eagles look to bounce back strong for their game this week. They travel to conference opponent Gulliver Prep on Friday for a 4:00pm game.

This is the final week of pre-season practices for both of our Middle School Flag Football Teams. The A-Team & B-Team will kick off their seasons next week. The B-Team hosts Spanish River Christian on Tues, September 11th here at NB at 4:00pm while the A-Team travels to St. Jude on Wed, September 12th for a 4:00pm game.

CROSS COUNTRY

The Cross Country Team competed in the Park Vista Invitational this past Saturday on a very muddy course. The Boys were led by Ben Altschuler while the girls were led by Caiti Kinnear. Both teams now turn their focus to this Thursday when they compete in the King of the Hill Meet at Tropical Park in Miami. Good luck to all of our runners...keep up the hard work!

GOLF

The Boys Varsity Golf Team looks to continue their success as they hit the course again tomorrow, hosting Westminster Academy at Osprey Point for a 3:30pm match.

Come out to Osprey Point today to cheer on your Girls Varsity Golf Team as they host Pine Crest for a 3:30pm match. Good Luck Girls!

The Boys Junior Varsity Team travels to Boca Rio today to take on American Heritage Delray...Good Luck Eagles!

SWIMMING

Good Luck to the Varsity Swim Team as they travel to Oxbridge Academy tomorrow for their first meet of the year...Let's come home with a win!

VOLLEYBALL

The Varsity and Junior Varsity Volleyball Teams both have a busy week ahead of them. They travel to St. Andrews today for a 4:30pm JV match & 6:00pm Varsity, hitting the road again on Thursday for a 4:30pm (JV) and 6:00pm (V) matches at Coral Springs Charter. Good Luck to both teams!

This is the final week of preseason practices for the middle school girls. Both the A-Team & B-Team will kick their season off on Tuesday, September 11th when they travel to St. Andrews.