

# NBP ATHLETICS

*All you need to know about North Broward Prep Athletics!*



## Team of the Week - Varsity Volleyball

*(October 4th - 9th)*

The Varsity Volleyball has had a roller coaster of a season with a large number of matches effected by Hurricane Irma. And it wasn't only local matches, their team trip to Chicago to take part in the 2017 Nord Anglia Volleyball Tournament was canceled as well. Despite the challenges the Lady Eagles have stuck together and this past weekend they managed to battle as a team to earn a 3rd Place finish in the 2017 NBPS Volleyball Challenge. The girls rallied in the final game of the 3rd Place match. After being down 14-11 in the final game the Lady Eagles battled for each point clinching the win 19-17. The girls didn't stop there. They managed to carry their success into last night's Senior Night Match sweeping Somerset Key Academy 3-0, making it a great night for our four Senior Volleyball Players. The Ladies hit the court again tonight, traveling to West Boca HS for their final regular season match of the year. Good Luck Girls...let's keep the winning going!!

## ATHLETES OF THE WEEK

### *Maria "The Magician" Estevez*

*(Volleyball - 12th Grade)*

This week's female high school Athlete of the Week goes to Maria "The Magician" Estevez. "The Magician" dug into her bag of tricks for the Varsity Volleyball Team in the NBPS Volleyball Challenge and for her Senior Night. In the NBPS Challenge she was named to the All-Tournament Team with 4 aces, 11 kills and 9 digs in win over Lake Mary Prep to help her team to their 3rd Place Finish. "The Magician" continued her "Magic" on Senior Night with 2 aces and 16 assists to lead the team to victory over Somerset Key Academy.



### *"Trailblazer" Tyler Gottlieb*

*(Cross Country - 12th Grade)*

This week's male high school Athlete of the Week goes to "Trailblazer" Tyler Gottlieb. Tyler was "blazing the trail" for the Cross Country Team at the St. Andrews Invitational this past weekend. He medaled in the race and also set a new PR for the 4<sup>th</sup> time this season, dropping over a minute and a half off his time from last year.



### *"Courageous" Cassidy Lehman*

*(Volleyball - 7th Grade)*

This week's female middle school Athlete of the Week goes to "Courageous" Cassidy Lehman. "Courageous" Cassidy was fearless on the volleyball court this past week for the Lady Eagles MS Volleyball Team. She showed her "Courage" each match while demonstrating leadership and recording the most service points for her team.



### *Jacob "Breakaway" Brezin*

*(Cross Country - 8th Grade)*

This week's male middle school Athlete of the Week goes to Jacob "Breakaway" Brezin. Jacob "Broke Away" from the pack and led the way for the Middle School Cross Country Team in the St. Andrews Invitational. "Breakaway's" efforts led him to the top of the podium and a 1st Place finish. Great Job Jacob!



## WINTER SPORTS TRYOUT/START DATES

### **VARSITY GIRLS SOCCER**

Mon, Oct. 16 & Tue, Oct. 17  
4:00pm - 5:30pm  
NB Baseball Field  
Contact: tricia.amrhein@nbps.org

### **VARSITY & JV BOYS SOCCER**

Mon, Oct. 23 & Tue, Oct. 24  
4:00pm - 6:00pm  
NB Baseball Field  
Contact: diego.cardona@nbps.org

### **GIRLS VARSITY BASKETBALL**

Mon, Oct. 30 & Tue, Oct. 31  
4:00pm - 6:00pm  
Global Wellness Center Gym  
Contact: shelbie.palmer@nbps.org

### **BOYS VAR, JV & 9TH BASKETBALL**

Mon, Nov. 6 & Tue, Nov. 7  
6:00pm - 8:30pm  
Global Wellness Center Gym  
Contact: casey.wohlleb@gmail.com

### **BOYS MIDDLE SCHOOL SOCCER**

Wed, Oct. 25: 3:00pm - 4:30pm  
Fri, Oct. 27: 4:00pm - 5:30pm  
NB Baseball Field  
Contact: dido.balla@nbps.org

### **GIRLS MIDDLE SCHOOL SOCCER**

Thu, Dec. 14 & Tue, Dec. 19  
4:00pm - 5:30pm  
NB Baseball Field  
Contact: dido.balla@nbps.org

### **BOYS MIDDLE SCHOOL BASKETBALL**

Wed, Dec. 6: 3:00pm - 5:00pm  
Fri, Dec. 8: 4:00pm - 5:30pm  
Global Wellness Center Gym  
Contact: casey.wohlleb@nbps.org

### **GIRLS MIDDLE SCHOOL BASKETBALL**

Mon, Oct. 23 & Tue, Oct. 24  
4:00pm - 5:30pm  
Global Wellness Center Gym  
Contact: shelbie.palmer@nbps.org

*\*The dates and times listed are subject to change. All changes will be noted in our Athletic Newsletters and our NBPS Athletic Website ([www.nbpsathletics.org](http://www.nbpsathletics.org))*



## NBPS Student Athletic Training

Our student-athletic trainers take their skills out into the field

Thanks to our Team physician Dr. Al DeSimone and PA Paul Buchanan, our Head Athletic Trainer, Mel Camhi and the Student Athletic Trainers traveled to Weston last week to take part in a casting workshop. The students had been learning the structures of the lower arm, hand and wrist throughout the week. The students examined x-rays of injuries to this area and learned how to determine the location of the fractures. They learned how specific injuries happen and the specific casting techniques for these injuries. The students were each given the chance to experience applying and removing casts to each other. It was an excellent opportunity for them to see what happens with injuries after they happen on the field.



## NBPS Athletic Highlights

October 4th - October 9th

### CROSS COUNTRY

The Varsity Cross Country Team competed in the St. Andrews meet this past Saturday and both the Girls and Boys Team continue to grow as they move closer to the most important part of their season, the District Meet. The Eagles and Lady Eagles will compete again on Thursday, October 12th at Tradewinds Park for the Pine Crest Invitational. The Middle School runners will kick-off the meet at 2:30pm followed by the High School runners at 3:30pm. Good Luck to all of our runners!

### FOOTBALL

The Varsity Football Team earns another big win, this time over LaSalle High School 41-19 bringing their overall record to 4-1. The Eagles will look to continue their success this Friday night when they make their way down to Key West Hs for a 7:00pm game. Good Luck Eagles...let's bring home a win!

The Middle School Football Team came up short last week against Calvary Christian but they look to bounce back tomorrow for their first home game of the year vs. American Heritage Delray. Be sure to come out to the field at 4:00pm to cheer on your MS Eagles!

### GOLF

The Boys JV Team started the week off with a win over Oxbridge Academy yesterday 172 - 180. The boys hit the course again today when they host American Heritage Delray at Parkland Golf & Country Club at 3:30pm.

Both the Boys and Girls Varsity Teams have finished their regular season matches so they will use this week to help prepare themselves for the District Tournament taking place on Monday, October 16th at Palm Aire.

### SWIMMING

The Varsity Swim Team capped off their regular season meets last Tuesday when they traveled to Nova Southeastern to take on University School and David Posnack. Both teams fell just short to USchool but came out on top over David Posnack. The Eagles and Lady Eagles will now use this week and next to prepare for their District Meet scheduled for Friday, October 20th at Nova Southeastern.

**VOLLEYBALL**

Be sure to come out and support your Varsity Girls Volleyball Team on Monday, October 16th at 4:00pm as they play in the District Quarterfinals in hopes of earning a spot in the District Semi's on Tuesday.

The MS Girls Volleyball Team looks to finish their season off on top. The MS girls host St. Joan of Arc today (A-Team 4:00pm & B-Team 5:00pm) and Henderson School tomorrow (A-Team 3:30pm & B-Team 4:30pm) in their final matches of the year. Good Luck girls!



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