



# ATHLETICS

*All you need to know about North Broward Prep Athletics!*

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## NBPS TEAM OF THE WEEK

*BOYS VARSITY SWIM (September 18th - 25th)*

The Boys Varsity SwimTeam had a busy week with a tri-meet on Tuesday vs. Somerset Academy and Coral Springs Christian followed by a dual meet on Wednesday against St. John Paul. The Eagles didn't disappoint earning all 3 wins finishing the week off 3-0. On Tuesday the boys easily clinched the victory over CS Christian 103-12 while edging out Somerset Academy 87-62. The Eagles did not let down on Wednesday coming out strong again earning the win over St. John Paul 98-48. Congrats to the Eagle Swimmers on an outstanding week! The Boys look to keep it rolling today when they host FAU High School here at NB at 3:30pm.

# ATHLETES OF THE WEEK

## ***"Jetty" Jonah Sabbota***

*(Swim - 9th Grade)*

This week's male high school Athlete of the Week goes to "Jetty" Jonah Sabbota. "Jetty" Jonah turned on the propellers in a home meet against Somerset Academy and CSCA last week when he raced to a victory in the 200 meter Free. "Jetty" also helped lead his team to two victories in the meet with his high flying performance.



## ***"Ambitious" Alaunte Major***

*(Swim - 11th Grade)*

This week's female high school Athlete of the Week goes to "Ambitious" Alaunte Major. "Ambitious" Alaunte won 1st place in the 50 meter Free and also took home a win in 100 meter Breaststroke last week in a meet versus St. John Paul. She was also "Ambitious" enough to be a part of two relay teams that took 1st in the meet (200 Medley Relay and 400 Free Relay) and help her team earn 28 points (12 individual) in a huge 75-71 victory over SJP.



## ***"Rushing" Ryan Negri***

*(Football - 8th Grade)*

This week's male middle school Athlete of the Week goes to "Rushing" Ryan Negri. "Rushing" Ryan blitzed through the Westminster Academy line last week, sacking the quarterback 3 times in the Eagles first game of the season. The 3 sacks marked a career high for "Rushing" Ryan and were pivotal in the Eagles strong defensive performance.



## ***"Heroic" Hannah Goldberg***

*(Volleyball - 8th Grade)*

This week's female middle school Athlete of the Week goes to "Heroic" Hannah Goldberg. "Heroic" Hannah recorded 4 aces and had 4 kills in the MS Lady Eagles first match of the season on Friday. Additionally, she served as a setter for the team and was the vocal leader throughout the match which went to a tie-breaking 3rd set.





## NBPS Golf Gives Back to the Community

### Special Olympics Broward Bowling Tournament

Nineteen players and coaches, along with several parents from all five North Broward Prep golf teams volunteered on Sunday, September 24th at the Special Olympics Broward Bowling Tournament at Sawgrass Lanes in Tamarac.

The Eagles volunteers helped keep score, encouraged the bowlers and ensured they were taking their turns on the right lane at the correct time. Several Eagles also helped the Special Olympics organization by conducting a transportation survey of the athletes.

"The kids and the parents always have a great time at this event, and the smiles on the Special Olympic athletes always make it worth our time," said varsity coach Ross Devonport. "The athletes put in a lot of practice and effort into their bowling, and we get rewarding satisfaction from helping them in their competition as much as we can."



## NBPS Athletic Highlights

September 18 - September 25th

### CROSS COUNTRY

The Varsity Cross Country Team travels to Lakeland this upcoming weekend to take part in the FL Runners meet. This event will be a great test for both the Eagles and Lady Eagles as they will be competing amongst the top runners in the state. Good Luck to both teams...let's bring home some medals!!

### FOOTBALL

The Varsity Eagles lost a tough game on Friday night to King's Academy but they look to bounce back quickly this Thursday when they host Somerset Academy here at NB at 7:00pm. Good Luck Eagles!

The MS Eagles took on Westminster Academy in their season opener this past week. The boys battled the entire game but came up just short falling to the Lions 14-8. The MS Eagles look to bounce back as well when they travel to Pine Crest Ft. Lauderdale tomorrow (Wednesday) for a 4:30pm game. Good Luck to both teams this week!

### GOLF

The Boys Varsity Golf Team hosted Archbishop McCarthy yesterday for an 18-hole match at Osprey Point, unfortunately the weather cut it short with the teams only getting in 9 holes. The Eagles came out on top defeating the Mavericks by 1 stroke (NB-168, AM-169.) The Eagles take the course again tomorrow when they travel to Ft. Lauderdale CC to take on Sagemont School at 4:00pm.

The JV Boys were also effected by the bad weather yesterday forcing their match to be canceled. They look to pick things back up tomorrow as well when they travel to Grand Palms to take on Archbishop McCarthy for a 3:30pm match.

The Lady Eagles Golf Team hits the course again today when they host Oxbridge Academy at Osprey Point for a 3:30pm match. Good Luck Girls!

### SWIMMING

The Girls Swim Team finished last week with a 2-1 record. The Lady Eagles fell short to Somerset Academy but edged out St. John Paul 75-71 while easily earning the win over Coral Springs Christian 92-15.

Be sure to come out and support both the Boys and Girls Swim Teams today at 3:30pm as they host FAU High School here at NB!

### VOLLEYBALL

The Varsity Girls have two important district matches this week. The Lady Eagles host St. Andrews here tonight at 6:00pm and travel to American Heritage Delray on Thursday for a 7:30pm match. The JV Girls host St. Andrews at 4:30pm tonight and play at Heritage on Thursday at 6:00pm. Good Luck to both teams!

The MS Girls Volleyball Teams have a very busy schedule this week. They traveled to Pine Crest Boca yesterday, they host American Heritage Delray today for 3:30pm (A-Team) and 4:30pm (B-Team-GOLD) matches and then host Pine Crest Ft. Lauderdale tomorrow for 3:30pm and 4:30pm matches as well. Good Luck girls!



## COME OUT & SUPPORT NBPS CHEER!!



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