



Athletics Newsletter



NB Football Gives Back to the Community

On Saturday, October 22nd the NB Football Team spent the afternoon at the Broward Outreach Center, a homeless shelter in Pompano Beach. The boys were given a tour of the homeless shelter and then went to work! Some boys served lunch to the shelter residents while others sorted through

donations. The rest played with the children who live at the facility with a "play 60" theme. They had a jump rope contest, played kickball, blew bubbles and made tattoos. The boys really gave 100% and it was a very rewarding day for all.

NB Athletes of the Week



Giulia "Go-Getter" Guerra Montes (11th Gr - Varsity Swim)

This week's female high school Athlete of the Week goes to Giulia "Go-Getter" Guerra Montes. "Go-Getter" had a great day in the pool for the girls varsity swim team during the district meet this week. "Go-Getter's" efforts qualified her for the regional meet in the 200 medley relay, 200 IM, 200 free relay and the 100 backstroke. We are looking for Giulia to "Go-Get" a title in next week's regional swim meet. Great Job Giulia!



"Mighty" Maxwell Myerson (10th Gr - Varsity Swim)

This week's male high school Athlete of the Week goes to "Mighty" Maxwell Myerson. Maxwell demonstrated a "Mighty" effort in the district swim competition this week. He was able to swim his way to the regional tournament by qualifying in the 200 freestyle and the 500 freestyle. We look for Maxwell to have another "Mighty" effort in regionals that will propel him to states. Great Job Maxwell!

Boys Volleyball Meeting

Any 9th - 12th grade boys interested in playing Volleyball this Spring must attend an informational meeting scheduled for **Wednesday, November 9th at 2:45pm in the Cafe.**

Girls Softball Meeting

Any 6th - 12th grade girls interested in playing Softball this Spring must attend an informational meeting scheduled for **Wednesday, November 9th at 2:45pm in the Cafe.**

2016 - 2017 Winter Sports Tryout/Start Dates

GIRLS MIDDLE SCHOOL SOCCER

Mon, Dec. 12th: 4:00pm - 5:30pm

Wed, Dec. 14th: 3:00pm - 4:30pm

NB Back Field

Contact: [Dido Balla](#)

BOYS MIDDLE

SCHOOL BASKETBALL

Wed, Dec. 7th: 3:00pm - 4:30pm

Thur, Dec. 8th: 3:45pm - 5:15pm

NB Coconut Creek Gym

Contact: [Casey Wohlleb](#)



Athletic Highlights (October 25th - 31st)

NB FOOTBALL

The NB Varsity Football Team had a tough loss to Calvary Christian this past Friday night bringing the Eagles overall record to 7-2. The Eagles look to bounce back quickly as they host John Carroll here at NB on Thursday night at 7:00pm. Be sure to come out not only to cheer on your Football Eagles, but to help recognize our Senior Student-Athletes who are members of our Football Team, Student Athletic Training Staff, Cheerleading Team, Cross Country Team, Golf Team, Pep Band & Dance Team. The Senior Ceremonies will take place prior to the Football Game & at half-time.

NB HOCKEY

The Varsity Eagles Hockey Team hits the big league ice today as they travel to play at the BB&T Center this afternoon at 3:00pm. Good Luck to the Eagles as they take on Flanagan/West Broward.

NB BOYS SOCCER

The Boys Varsity Soccer Team kicks their season off on Wednesday and Thursday of this week in the 2016 Boca Raton High School Preseason Classic. The Eagles will travel to Boca Raton HS on Wednesday to take on Atlantic HS at 6:30pm and on Thursday to take on Boca Raton HS 8:00pm.

The Boys Middle School Soccer Program starts their season this week as well. On Wednesday the A-Team will travel to Pine Crest Ft. Lauderdale for a 4:30pm game while the B-Team will host Pine Crest here at NB at 4:00pm. Good Luck to both teams!

NB GIRLS SOCCER

The Girls Varsity Soccer Team took home a win (1-0 over Spanish River) and a tie (0-0 with Wellington HS) from the Olympic Heights Preseason Event this past week. The Lady Eagles will now kick off their regular season games this week. Their season opener is today at 4:00pm at Calvary Christian followed by their HOME opener on Wednesday here at NB when they host Cypress Bay HS. Be sure to come out and support your Lady Eagles!

NB SWIM

Congratulations to both the Boys & Girls Varsity Swim Teams who competed in the 2016 District Meet this past Thursday. The Eagles and Lady Eagles had a combined 8 swimmers qualify for the Regional Meet which will take place this Friday, November 4th at Nova Southeastern University at 10:30am. Good Luck to the following swimmers as they compete to earn a spot in the 2016 FHSSA State Swim Meet.

Girls 200 Medley Relay

Giulia Guerra Montes, Francesca Giacomatti, Brooke Powell, Kyra Jovanovski

*Alternates - Natali Velasquez & Victoria Fletcher

Girls 200 Free Relay

Giulia Guerra Montes, Francesca Giacomatti, Brooke Powell, Kyra Jovanovski

*Alternates - Natali Velasquez & Victoria Fletcher

Maxwell Myerson

200 Free & 500 Free

Giulia Guerra Montes

200 IM & 100 Backstroke

Ethan Di Egidio

100 Breaststroke & 200 IM

Francesca Giacomatti

200 IM